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## **REGULATORY AND LEGAL BASIS OF PROFESSIONAL SKILLS IMPROVEMENT OF KURASH WRESTLING COACHES**

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**Annotatsiya:** This article describes the regulatory and legal basis for improving the professional skills of kurash wrestling coaches.

**Keywords:** kurash, coach, exercise, method, professional skill, improvement, norm, right, basis.

In our country, certain works are being carried out to popularize, develop and introduce kurash wrestling, a national sport that embodies the ideals of courage, bravery, patriotism, and humanism, to turn it into a universal masterpiece.

The increasing popularity of kurash wrestling requires the organization of prestigious international competitions, the modernization of the existing infrastructure and material and technical base, the improvement of the supply of sports equipment and clothes, the expansion of production in this regard, as well as the training of qualified personnel, trainers and referees for the field. demands more attention.

Therefore, the decision of the President of the Republic of Uzbekistan No. PQ-4881 of November 4, 2020 "On measures to develop the national sport of wrestling and further increase its international prestige" has been a bold step taken in this regard.

In this decision, the main directions of the development of the national sport of wrestling were defined. To be more specific, to widely involve all layers of the population in wrestling and to make wrestling a national sport in Uzbekistan, to popularize wrestling, to make it a masterpiece of world sports and to be included in the program of the International Olympic Games;

- Formation of necessary material and technical base and infrastructure for wrestling;
- Training of professional wrestling trainers, referees, development of teaching methodical manuals, strengthening of the scientific and methodological base of wrestling;
- Issues such as creating a brand of Uzbek wrestling, producing individual sportswear and wrestling carpets with the help of investments, widely promoting wrestling among the population, including through mass media, have been expressed.

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So, educating the young generation on the basis of the national ideal, and their coming of age as a generation worthy of our great ancestors, depends to a large extent on the work and professional skills of the coach. Many educational institutions are operating in our country: CASS, TCASS, Training Center for Olympic and Paralympic Sports, and High Sports Skills Schools, and their material and technical base is being strengthened.

The work in this regard continues rapidly even today, the President of the Republic of Uzbekistan on March 5, 2018 "On measures to radically improve the state management system in the field of physical education and sports" on improving the professional skills and qualifications of coaches. In order to ensure the implementation of Decree No. PF-5368 and the Cabinet of Ministers of the Republic of Uzbekistan dated June 4, 2022 "On measures to further improve the system of retraining and upgrading the skills of physical education and sports specialists" "On the basis of the decision No. 355, a new system was formed in the directions of "Trainers-teachers of sports educational institutions", "Physical education teachers" and "Physical education instructors". In the decision, the main directions of the state policy in the field of education and personnel training, to ensure the continuity and consistency of the state requirements for the types and stages of education, to update and deepen the knowledge of the audience, to use modern information technologies, professional qualifications and skills attention is paid to formation of skills, acquisition and improvement of effective methods and technologies of education.

Decision PQ 4881 of the President of the Republic of Uzbekistan dated November 4, 2020 "On measures to develop the national sport of wrestling and further increase its international prestige" and the decision of the Cabinet of Ministers of the Republic of Uzbekistan dated November 2, 2021 According to the report No. 10 of the meeting held in March, until certain changes and additions are made to the relevant legal documents on the temporary regulation of the system of engaging in coaching activities, the following are:

a) regardless of the form of ownership, all types of sports organizations (hereinafter referred to as sports organizations) do not require a permit to engage in coaching activities when recruiting citizens for the position of trainer (trainer-teacher);

b) recruiting citizens to sports organizations for the position of trainer (trainer-teacher) in the prescribed manner based on the certificate issued as a result of the training of trainers.

In this case, the qualification certificate issued as a result of training of trainers:

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from graduates of higher or secondary special (professional) educational institutions of training courses aimed at training personnel - up to three years from the date of graduation;

from the graduates of higher or secondary special (professional) educational institutions in the field of training in the field of physical education (except for the training of trainers) - from the day of graduation up to one year;

In the Republic of Uzbekistan, he was awarded the honorary titles of "Honored sports teacher" and "Honored youth coach", "People's teacher", "Pride of Uzbekistan", "Honored athlete" and physical education and sports, from persons with the academic title of professor or associate professor in the field - up to three years from the day of employment;

- sportsmen who have been winners and prize-winners of the Asian Games, world and Asian championships and cups of the last five years in sports included in the program of the Asian and Asian Games, and the trainers who trained them - up to three years from the day of employment;

female employees returning from child care leave - not to be required for one year from the day of return from child care leave;

v) to introduce the following requirements when recruiting sports organizations for the position of trainer (trainer-teacher):

persons with higher or secondary specialized (professional) education in the fields of education aimed at training trainers - according to the sport type(s) specified in the diploma;

persons who have educational courses aimed at training personnel in the field of physical education (except for training courses aimed at coaching personnel) have higher or secondary special (professional) education, and at least 1st grade (adults) in their sport(s);

persons with higher or highly specialized (professional) education (except for physical education and sports fields) - included in the list of sports that do not require physical education education, and at least sports mastery carrying out coaching activities in the sports type(s) with the title of candidate;

g) coaching in the sport specified in the diploma of completion of retraining courses for persons with higher or secondary specialized (professional) education who have passed retraining courses in relevant sports it is indicated to grant the right to engage in activities.

The development of the national sport of wrestling, which is gaining fame in the world, has become one of the priorities of our state's policy. Today, in order to improve the professional skills of wrestling coaches, it is necessary to pay attention to the following aspects of the problem;

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- Improving the professional skills of kurash wrestling coaches should be studied as a separate research object;
- It is necessary to analyze the situation of improving the professional skills of kurash wrestling coaches in scientific, literary and historical sources;
- It is necessary to study the current situation and opportunities for improving the professional skills of kurash wrestling coaches;
- It is appropriate to develop pedagogical conditions for the use of innovative technologies in improving the professional skills of kurash wrestling coaches;
- Forms, methods and modern methods of improving the professional skills of kurash wrestling coaches are learned, and their application in practice serves to enrich the theory and methodology of physical education and sports training;
- Educational and methodological manuals on improving the professional skills of kurash wrestling coaches are prepared by pedagogic scientists and experienced specialists and delivered to places;
- If professional kurash wrestling skills are formed, experienced coaches are trained and popularized in advanced work methods;
- If the work of coaches with professional kurash wrestling skills is systematically encouraged materially and morally, the state order to raise a perfect generation will be fulfilled.

In short, Uzbek kurash wrestling, which has passed the test of centuries and a series of historical periods, was a contest between brave men and worthy opponents, became a sport of the national level with the honor of independence and came to the attention of the whole world. The introduction of Uzbek kurash wrestling to the world as a sport makes an incomparable contribution to further increasing the popularity of our country at the international level.

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